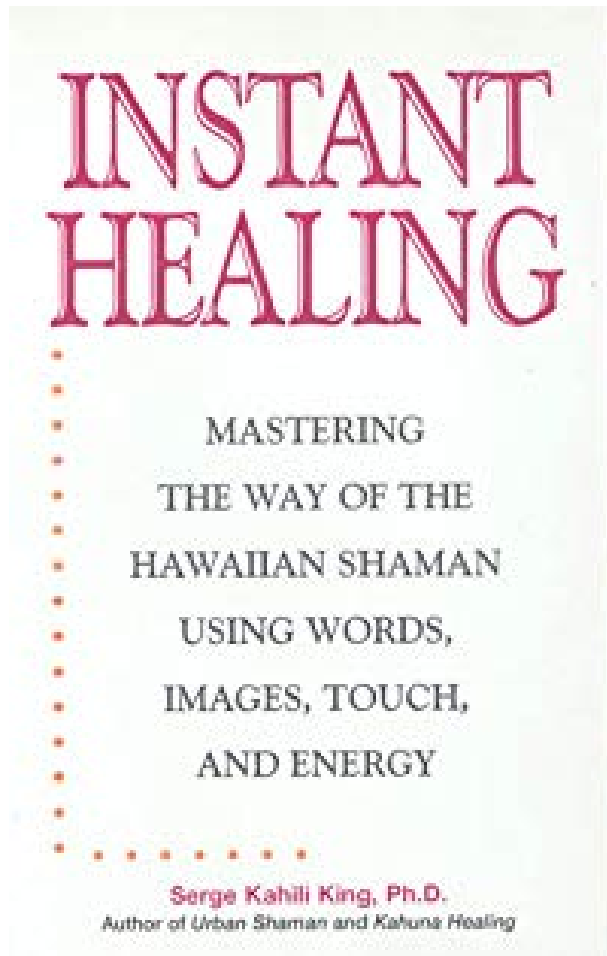


Instant Healing: Mastering the Way of the Hawaiian Shaman Using Words, Images, Touch, and Energy



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Written in a jargon-free and easily accessible style, Instant Healing will teach you to use the power of words, the power of imagination, the power of touch, and the power of energy to heal all types of ailments, including: headache; nausea; allergies; backaches; acute anxiety; broken bones; depression; eyestrain; the flu; swelling; infection; even hangovers. Instant Healing contain a special section on emergency techniques that you can use with a minimum of explanation, and, because instant healing is not feasible for all conditions under all circumstances, you will also learn methods for rapid healing (than one day) and fast healing (than one week.)