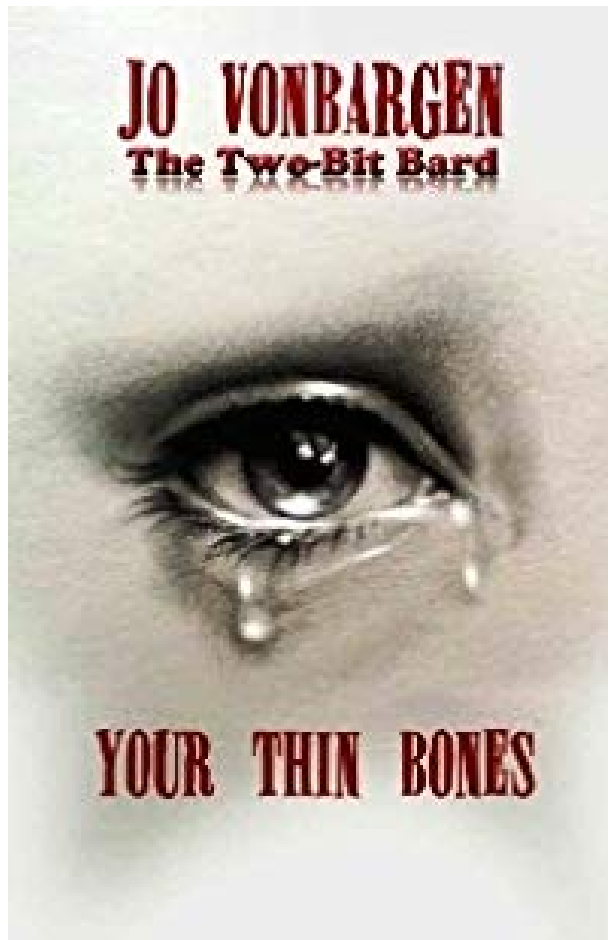


Thin Your Bones: Letters I Never Sent You



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Author:	Jo VonBargen
Genre:	Uncategorized

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An intense collection of "letters" written in response to my husband's strange behavior. Written for all whose daily lives are touched by a family member or friend with autism or Asperger syndrome, with a special dedication to those who endure the trials of living with someone with a huge attitude problem and who abuses verbally. There's sure to be a special place in heaven for those who bear this burden. It is my sincere hope that I do not offend anyone with the rawness of my emotions in reaction to what are a very complicated and serious set of medical conditions. It may seem that I am not informed or lack expertise in the subject at hand, therefore do not "understand" the reasons for my husband's behavior. I do indeed understand, and if this work seems lacking in compassion, please remember it is purely cathartic. The writing has been my only outlet and I would probably be in a home somewhere had I not been able to let off steam. Indeed, my experiences have greatly enhanced my compassion for the multitude of others who cope with this darkness and, like me, find themselves isolated from society and any chance of a normal, happy life. It is my belief that speaking the truth, however ugly, is the only way to clear understanding.